

# **Sustainable Urban Mobility: Assessing Different Neighbourhood Models in Greater Cairo Region, Egypt**

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## **1 ABSTRACT**

Sustainable urban mobility aims to encourage movement behavior that reduce automobile dependency and induce non-automobile and public mobility. As cities continue to change, planners are facing the challenge of designing urban mobility systems that are sustainable on social, economic, and ecological levels. They aim to reduce transportation energy consumption; increase social interaction between residents; and increase subsidiary effects of side path through movement. There is a growing calls for planners to shift paradigm of urban mobility to enable economic activity, social connectivity, and ecology. Movement behavior is influenced by different factors, part of them due to socioeconomic variables, others due to urban form. Some neighborhoods seem to support alternative modes of movement of non-motorized or public motorized as feasible mobility solutions and meet resident's expectations and accordingly reduce the need for high level of motor vehicle ownership; Where other neighborhoods don't and encourages residents to depend on private alternatives accordingly increase fuel consumption, cost, and environmental pollution. Based on a case study of six neighborhoods that represent chronological development of neighborhood types in greater Cairo region, this research provides an understanding of how urban mobility was influenced by neighborhoods urban patterns. This research suggests that some specific neighborhood features can efficiently influence people mobility, demand and travel behavior than others, accordingly enhance achieving sustainable urban mobility and overall sustainability of development.

Keywords: Greater Cairo Region, Measuring urban form, Mode choices, Sustainable Urban Mobility, Movement Behaviour

## **2 INTRODUCTION**

Sustainable urban mobility aims to achieve sustainability goals through movement behavior in environmental, economic and social level. Last decades, a massive scientific research worked to test the impacts of neighborhood patterns urban form on movement behavior as a way to achieve sustainability in the built environment. Different scholars concerned the role of public transportation, walking and cycling in achieving this goal, through using urban form that encourages such trends. This paper work on the way neighborhood pattern could achieve efficient public transportation and so achieve sustainable transportation and enhance built environment sustainability.

Old neighborhoods, the grid pattern, high density with crowded streets; make public transport is un-useful, undesirable, and uncomfortable for residents. So it encourages them to depend on private alternatives accordingly increase fuel consumption, cost, and environmental pollution. Modern neighborhoods with low density, separate use, large distance caused a low feasibility in public transportation so it also increases private alternatives; accordingly increase fuel consumption, cost, and environmental pollution. The overcrowded and low quality in old towns and the low feasibility in new towns are key factors for reducing the impact of on movement behavior.

Different neighborhood models can play a significant role in shaping individual travel behavior. Landuse pattern, housing income pattern, and street network pattern are factors that differentiate neighbourhood models and can affect movement behavior inside our cities. Neighborhood patterns impacts the type, quality and quantity of mobility facilities that can be used and accordingly shape residents travel choices of movement behavior (Giles-Corti et al., 2013). Mode choices depends on residents socioeconomic characteristics like age, gender and socioeconomic level; at the same time, urban form characteristics creates conditions that can facilitate and encourage some kinds of travel behavior while discouraging other types of travel behavior. Most studies of movement behavior have focused on the impact of some neighborhood patterns like land use, housing income, and street network pattern and density.

## 2.1 Research Aim

Some neighborhood patterns characteristics facilitate types of travel behavior and discourage other types, whereas other characteristics do not do so. An understanding of the reason that some neighborhoods provide more chances of pedestrian, cycle movement and public transportation and improve trips distance and frequency than others is important to improve energy saving and reduce resource depletion and reduce environment pollution. The aim of this paper is to analyse current evidence relating to the impact of urban form patterns on travel behavior patterns, based on a case study in greater Cairo region. The article examines how travel behavior was influenced by urban form in six neighborhoods; The results suggest that urban form can mediate the impacts of movement behaviour on sustainability issues.

## 2.2 Research Hypothesis

This research suggests that neighbourhood patterns can effectively influence people's mobility demand and travel behaviour towards achieving sustainable urban mobility in Cairo. And that traditional neighborhood is pedestrian oriented that discourages motorized travel and increase non-motorized one, and could reduce trip distance and trip frequency. On the other hand modern neighborhood is car oriented that encourage motorized travel and minimize the pedestrian one.

## 2.3 Research Method

An inductive analysis using comparative methods is used to test and compare the relation between neighbourhood pattern and movement behaviour. The research depends on two interlocking stages. First, literature review to introduce the two variables of the research, movement behaviour and urban mobility in terms of concept, historical development, and measurable variables. In addition, to introduce sustainable urban mobility in terms of concepts, types and measurable indices. Finally, Field study for six neighborhoods in Greater Cairo Region to test the mutual relationship between the two variables. The field study goes through three steps: Measuring neighbourhood patterns, measuring movement behavior and measuring resident's perception of sustainable development indicators, and testing the validity of their relations. The research based on spatial model for measuring land-use pattern and semi structured interview for measuring resident's satisfaction to urban development.

## 3 URBAN FORM AND SUSTAINABLE URBAN MOBILITY

This part intends to explore the meaning and factors of movement behaviour, the paradigm shift to sustainable urban mobility, and based on previous studies to review the relation between urban form and urban mobility.

### 3.1 Movement Behaviour

Movement behaviour is a social behaviour of residents, like any other behaviour it is based on demand, constraints and potentialities. Movement behaviour can be defined using different travel parameters, such as (trip frequency, trip distances, mode choices of travel, or overall vehicle kilometers traveled, trip rates, overall traveling distances, traveling distances by mode, modal shares, and energy consumption).

The variable "Modal Choices" means whether and to what degree residents, willing to use certain travel modes (private versus public), (motorized versus non motorized), (motor, walking, cycling). To what degree they feel satisfied with public transportation, private car, walkability, cycling. For what degree they depend on each travel mode during day hours, during night hours, till late night. Percentage of Each mode trip per total trips.

The variable "Public Transportation" refer to available public transportation and their suitability. Residents satisfaction with quality of public transportation, and the degree of proximity and accessibility of to public transportation, and the main reason of using or not using public transportation (expense, availability, quality, safety, comfortability, flexibility).

The variable "Private vehicle" refers to no. of car ownership. Times of using private car per day, and the main reason of using or not using private car (available parking spaces, traffic jam, traffic information, safety, comfortability, flexibility, accidents risk, fuel cost due to distance and frequency, maintenance cost).

The variable "Cycling" refers to no. of cycle ownership. Times of using cycle per day, and the main reason of using or not using cycling (available cycle lanes and their quality, traffic jam, safety, comfortability, flexibility, accidents risk, effort due to distance and frequency).

The variable "walkability" refers to times of using walkability per day, and the main reason of using or not using walkability (available walk ways and their quality, safety, comfortability, flexibility, accidents risk, effort due to distance and frequency).

The variable "Trip Frequency" includes the times residents can repeat this trip per week; it probes the degree to which residents found it easy to repeat the trip. Trip frequency in traditional neighbourhoods is limited by car due to the lack of parking area.

The variable "Trip Distance" includes the actual network distance travelled by the residents from their own residence to various destinations. It measures residents' willingness to drive long or short distances.

The Variable "Travel Obstacles" was measured whether and to what degree there is a physical and psychological conditions that limit traveling by certain modes at certain times of the day.

The variable "Car Ownership" (vehicle ownership is high in high income neighbourhoods, and bicycle is high in traditional neighbourhoods). In traditional neighbourhoods residents can afford cars but due to the unavailability of parking area they prefer to reduce car ownership and depend on them.

The variable "Parking Area Availability" includes Questions regarding available public transportation and their suitability.

### 3.2 Sustainable Urban Mobility

UN- Habitat in the global report of human settlements, reported a paradigm shift in transportation planning. It differentiated between two paradigm shifts in movement, the first that found efficiency in increasing traffic flow efficiency based on the speed, affordability and convenience of motorized transport. On the contrary, current paradigm strives for sustainable mobility through accessibility based on minimizing the need for extended movement, Reducing the need for motorized demand, Reducing the Number of Motorized Trips, Reducing Travel Distances in Cities, and Changing the Modal Split. As cities continue to change, planners are facing the challenge of designing urban mobility systems that are sustainable on social, economic, and ecological levels.

The development of sustainable mobility starts with the organization of urban form to reduce the need for mobility, reduce travel distances and reduce travel frequency in the first hand, and to concern mode choices to pedestrian and public transportation and shared modes instead of private alternatives. Accordingly, better impact of urban form on movement behavior could enhance social, economic, and environmental impacts of sustainable development. There is a growing call for planners to make paradigm shift in mode choices to enable economic activity, social connectivity, and ecological sustainability.

This shift put forward an interest to urban planners. To develop urban form that impact well on movement behavior and achieve sustainable urban mobility in terms of social, economic, and environmental levels. There is a growing call for planners to make paradigm shift in mode choices to enable economic activity, social connectivity, and ecological. Traditional neighbourhood by mixed use between residential units and commercial, compact, high community size, may encourage non-motorized commuting modes and reduce travel distance and. On the contrary modern neighbourhoods by separate use, low density, low community size, may encourage the reliance on private car, increase travel distance, trip frequency, the need for motorized demand, Reducing the Number of Motorized Trips, Reducing Travel Distances in Cities, and Changing the modal Split.

Sustainable urban mobility should enhance movement behaviors in terms of mode choices, trip distance, trip frequency and reduce pollution and traffic congestion and transportation cost including energy consumption, maintenance, time and effort. It should achieve the following criteria:

- Enhance Permeability increases the property of how easy it is to move through an environment and depends heavily upon the paths and objects placed within the space. There are two types of permeability: physical properties (e.g. a path) and visual appearance. For example although a path may exist in some environment, if it is not visually obvious it may remain unused (McCal et al, 2005). It means to avoid restrictions that distort the continuity of city urban fabric, and distort traffic

movement, and make the residents looking for alternative roads that could be longer which reduces the movement functional efficiency. “Freezes” the urban fabric forever.

- Enhance Accessibility by providing range of choices of safe routes, and removing barriers for movement to accessibility of residents to services, facilities, and urban spaces, reducing the degree to which "ability to access" and possible benefit of services, amenities and urban environment is accessible by as many people as possible. Hence it affects the urban, economic and social mutual and exchange benefit of the community in this urban fabric.
- Enhance Connectivity and Integration through promoting external dependency to connect people with each other and to facilities with a range of choices of save routes.
- Encourage Movment Behavior by reducing travel distances, travel frequency, and accordingly avoids travel time and cost and reduce traffic volumes. In addition don't isolate people without vehicles, create efficient “day” and “night” districts (Masnavi, 2000).
- Encourage Alternative movement systems by increasing the degree that urban form could encourage potential for alternative movment options (pedestrian, cycling, public transport) and discourage car dependency and improve pedestrian oriented public realm. In addition, it refers to transit, pedestrian, and bicycle systems should maximize access and mobility. It refers to a framework of streets and urban spaces to be easy, safe, and pleasure (Urbed 1997).
- Improve public transportation: Refer to critical mass of activity and sufficient densities, and micro and macro connected street network (Frey 1999, Newton 2000, Buxton 2000). The public modes proved to achieve maximum sustainability in saving fuel consumption, and co2 pollution reduction. Metro, bus, minibus, tram are alternative public transportation options that move large no. of people in one trip, otherwise each of them would have his own car, and accordingly it will be replaced with a large no. of private cars that could consume more fuel consumption and increase co2 emission and accordingly environmental pollution. This research work on linking the relation between public transportation and neighborhood pattern. To how extent the neighborhood pattern can affect the efficiency of sustainable public transportation.
- Encourage walkability: Refer to ensuring that most people's needs are within walking distance, and providing an environment which is safe and pleasant for pedestrians.

### 3.3 The Impacts of Neighbourhood Patterns on Movement Behaviour

The Correlation between urban form and movment behaviour has found in numerous studies. Some scholars found that urban form could facilitate movement behavior using different factors including density (Cervero, 1996), better street connectivity (Boarnet and Crane, 2001), and the presence of mixed land uses (Cervero, 1996; Moudon et al., 1997; Saelens et al., 2003). A current debate exists between scholars for the role of modern versus traditional patterns in their impacts on acheiving sustaible urban mobility. The paper rests on four charachterstics of neighbourhood to test their impact on residents movement behaviour. They have a continuing effect on transport demand, in terms of the number of trips, mode choice and trip lengths.

#### 3.3.1 Regarding Density:

Scholars consider desnity as the main factor that could impact movment behaviour. They found a relative dependancy on private car in low density communities compaired to high density communities. They put four reasons how density impacts travel patterns (Banister, 2005, p:106). They found high population densities widen the range of opportunities for the development of local personal contacts and activities, and services that can be maintained without resort to motorized travel, and reduce avarage distances between homes and services, reducing the need to travel and reduce travel distance. In addition high densities may be more amenable to public transport operation and use and less amenable to car ownership and use which have implications for modal choice. On the other hand, low density could impact modal choices, since residents's forced to cut long distance trips, they mostly depend on motorized mode choices. The public motorized modes are unpractical in case of low densities and low community size, so residents's mostly depend on private motorized mode choices. In addition, density could impact trip frequency.

### 3.3.2 Regarding Socio-economic Level.

Scholars argued that socioeconomic patterns could be more significant in their impacts on movement behaviour, communitng behaviour among various income groups, income status is highly associated with certain commuting patterns. High income residents mostly depend on private cars and neglect the public aternatives, they also depend on long distance trips with high frequency with private cars (Hanson,1982). The higher the residents income, the more likely to choose faster and more comfortable and more flixble modes.

### 3.3.3 Regarding Street Network Pattern:

Some street layouts can be more environmentally sustainable to travel patterns than others. Street network pattern can impact the visibility of achieving public transportation. Grid pattern can increase the intersections and so increase the alternative ways so increase. Not only regarding conditions of individual streets, ranging from the dimensions and design of sidewalks to the prevailing levels of environmental comfort that may encourage pedestrian movement (Gehl et al., 2006), but also the structure of street networks and street connectivity that encourage such behavior.

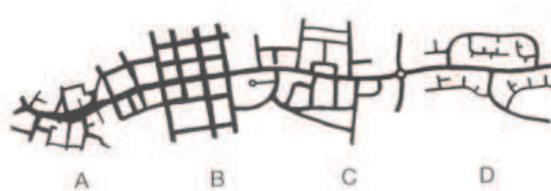


Figure 1: Street network patterns

Grid-like patterns have high intersection and access points that provide greater connectivity and permeability and promotes short and direct routes that offers shorter trips and reduces travel distance, It provide different pass alternatives and chances. It highly encourages public transportation as it allows more direct access to public transport. It can be more transit friendly to the extent that they may allow greater penetration of an area by transit services. It is expected to enhance walkability, and increase trips frequency by foot and reduce trip frequency by private cars especially with low parking area. But at the same time it could facilitate private car trips. On the other hand, tree like patterns have very low nomenclature of intersections and access points that reduces permiability, connectivity and accessibility, it promotes very long distances and increases travel distance, and reduce alternatives public transportation options. It is expected to increase private car dependancy, high frequent trips by cars.

### 3.3.4 Regarding landuse pattern

Moving from mixed to separate landuse probably impact nonwork - travel behaviour regarding modechoices, trip distance, trip time and and frequency. Landuse pattern affect the relation between residential and commercial uses, it could cause a separation between residents and services, accordingly impacts travel demand. Schoolars found mixed use is determenant for travel behaviour and mobility. It could make mode choices depend on walkability than on cars. In addition it reduce avarage trip distance by cars, and the frequency of their use. On the other hand it could increae less energy intensive comuting modes, namely walking and cycling. It impacts its trip frequency and donot affect trip distances.

The literature defined the favorable neighbourhood configuration to achieve sustainable urban mobility. Some of them are contradictory between studies according to difference contexts, this paves the way to test such hypotheses in local context. These litrature will form guideline to assess the selection of neighbourhood in Cairo, Egypt.

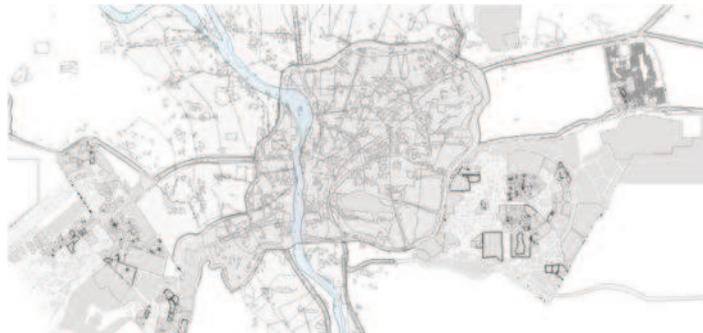
## 4 THE CASE STUDY OF SIX NEIGHBORHOODS IN CAIRO

The objective of this research is to trace any statistical significant differences in responses to resident's movment behaviour across different categories of neighborhoods, starting from the traditional, to the sprawled contemporary. Shoubra and Abasia represent early developed urban growth, Masr Elgdida and Nasr City represent early planned urban growth, and 1st district, and Jasmin in new cairo represent new planned growth. They represent three different chronological ages of cairo development ranging from

traditional, mixed-use, pedestrian-oriented neighborhood to the contemporary, separate use, car-oriented neighborhood.

### 4.1 Selection of Case Studies

Six neighborhoods were selected to present different categories of physical and social attributes, as shown in Figure 2. They should be developed as public property, not a private. They should satisfy variables incorporated within the study regarding configuration difference in urban form including the historical development, street network patterns, land-use pattern, housing patterns, population demographics and household characteristics ranging between traditional and contemporary.



Early Developed	Early planned	New Planned
1) Shoubra 1850 (Early planned)	3) Masr EL-gdida 1900	5) 1st district 1985 (New Cairo)
2) Abasia 1850 (Early planned)	4) Nasr City 1960	6) Jasmin 2000 (New Cairo)

Figure 2: Case Study Selection (Greater Cairo Region)

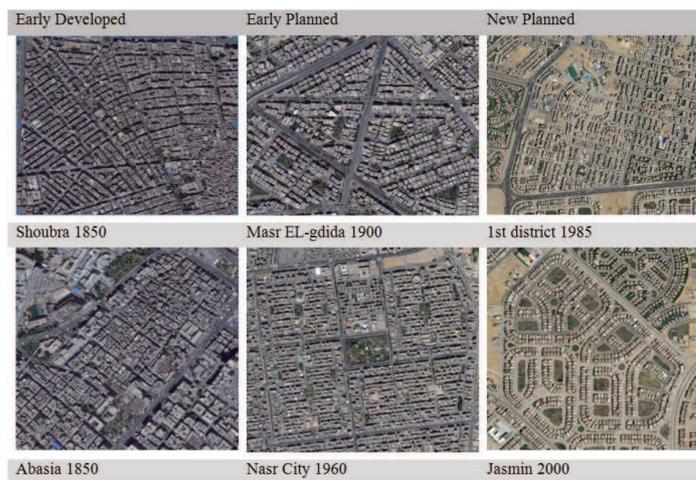


Figure 3: different spatial configuration in cairo development stages NUCA 2008

Cairo urban form revealed deferent typologies of adopted urban development patterns that are different in density, land-use pattern, housing income pattern, and street network pattern. Four typologies of urban form are traced starting from Fatimid old Cairo. Followed by early developed districts that informally grow over green land and adjacent to the planned settlements, like Shoubra, Abassia, Sharabia and others. Followed by early planned by private developers in end of 18th and the early 19th century like Khedewi Cairo, Maadi, EL Muhandssin, and Heliopolis and early planned by government like Nasr city. Finally, the latest modern new planned Egyptian settlements surrounding Cairo like new Cairo, Shorouk and El Obour to the east and six October and Sheikh Zayd to the west.

The Fatimic traditional urban form will be excluded from the analysis due to deep socio-economic changes take that place along 1500 year from the establishment to now; and due to unconsiderable design trend for considering automobile as it was not a exist mobility solution. Accordingly the research will depend on three typologies the early developed, the early planned, and the new planned. In most of the following analysis, the neighborhood arranged according to such categorization to present the movment behaviour moving between these categorize. Six neighbourhood are selected to present different chronological patterns in cairo development.

- Early developed: Abasia and Shoubra are selected to present the early developed neighbourhoods.

- Early planned: Masr EL-Gdida and Nasr City are selected to present the early planned neighbourhoods.
- New planned: 1st district and Jasmin are selected to present the new planned neighbourhoods.

**4.2 Data collection and classification:**

The purpose is to measure the impact of neighborhoods urban form on resident's movment behaviour and accordingly on sustainable urban mobility. Two forms of data collection were used – the first to measure urban form patterns, and the other to measure resident's movment behaviour in their neighborhood in term of behaviour and satisfaction. Finally, the correlation between both is measured.

**4.3 Measurements of Neighborhood urban configuration patterns:**

Urban form data were collected using surveying maps, observation, satalite maps, photographic images to document and explore neighbourhoods urban configuration patterns including land-use pattern, housing income pattern, and street network pattern including density.

(1) Street network pattern can be classified under three categorize between the grid to the herarchical as (grid, loop, and cul-de-sac) patterns. Their spatial structure can be classified under heading of type of street, linear meter of streets, No. of blocks, Intersections density, No. of access point, No. of cul-de-sacs, percentage of streets area per community area, and the no. of continous routes (Ghonimi 2014).

(2) Land use pattern can be classified under heading of landuse type, variation and density. They can be measured using the length in meter of (dividing vs. connecting) line between different land-use represents the degree of landuse mix vs. separation (Ghonimi et.al, 2011).

(3) Housing pattern can be classified under heading of housing type, variation and density; They can be measured using the length in meter of (dividing vs. connecting) line between different housing types represents the degree of housing exclusion vs. segregation (Ghonimi et.al, 2010).

(4) Community density range between low density (60 -150 Person/Fedan), Middle density (300 -600 Person/Fedan) and High Density (800-1500 Person/Fedan). Also community size is measured and ranged between small, medium and large community size.

The urban form analysis results, for each case study, are gathered, measured and scored in Table 2. It is categorized starting from the traditional type ending with the modern type. The traditional pattern is higher in percentage than the modern pattern.

	(Early Development)		(Early Development)		(New Planned)		
	Abasla	Shoubra	Masr El Gedida	NASR CITY	1st District (New Cairo)	Jasmin (New Cairo)	
Street Pattern	Entrances	27	27	11	12	10	
	Intersections	85	85	46	49	39	
	Length	12344.9434	12344.9434	11467.1854	57610.8395	13623.6725	
	Street network	Grid outward oriented	Grid outward oriented	Treed inward oriented	Treed inward oriented	Treed inward oriented	
	No. of intersections	High	High	Mid	Low	Low	
	L. of grid	16166.5529	16166.5529	14736.7059	58309.2754	613.5728	
		Low	Low	Mid	High	High	
	L. of loops					1878.2703	6958.8716
	L. of cul-de-sacs	Low	Low	Mid	High	High	High
	No. of blocks	Low	Low	Mid	High	High	High
Land use Pattern		High	High	Mid	Low	Low	
	Street network	(A): Connected fine grained public urban form	(A): Connected fine grained public urban form	(B): Connected fine grained public urban form	(B): Connected fine grained public urban form	(C): Connected fine grained public urban form	(C): Divided Super block public urban form
	No. of intersections	Transit oriented Development	Transit oriented Development	Transit oriented Development	Transit oriented Development	Transit oriented Development	Super block with high intersection density, egress points, and street length.
		Fine grained with high no. Of intersections, egress points, and street length.	Fine grained with high no. Of intersections, egress points, and street length.	Fine grained street network	Fine grained street network	Super block with high intersection density, egress points, and street length.	Separate
Housing Pattern	Type	Diverse - Residential, Commercial, and crafts	Diverse - Residential, Commercial, and crafts	Mixed - Residential and Commercial	Mixed - Residential and Commercial	Single - Residential	Single - Residential
	Density	High	High	Mid	Mid	Low	Low
	Mix	7091	6543	3951	2627	561	250
Housing Pattern	Type	Highly mixed	Highly mixed	Mixed	Mixed	Separate	Separate
	Density	Low, Mid and High income	Low, Mid and High income	Mid and High income	Mid and High income	High Income	High Income
	Mix	High	High	Mid	Mid	Low	Low
Housing Pattern	Type	Mixed	Mixed	Moderate	Moderate	Separate	Separate
	Density						
	Mix						

Table 1: Main Socio-Spatial Characteristics of Case Study Areas.

**4.4 Measurements of sustainability of Movment behaviour:**

Two forms of data collection, the first objective quantitative data concerns resident's movment pattern and behaviour. The second is subjective qualitative data concerns resident's satisfaction to movment.

#### 4.4.1 Measuring urban mobility in term of Behaviour:

The study of movement behaviour is based on a questionnaire administered to district residents. The questionnaire was designed to explore the influence of urban form to residents' movement behavior. Sample selection and characteristics depends on 40 residents per each neighborhood with total 240 questionnaires. They are randomly selected in each case study area, to represent different socio-economic characteristics age, gender, education, income level and to measure key factors of travel behavior indicators (Table 2):

The variable "Sustainable Mode Choices Measure": Questions regarding modal choices of certain travel modes (private versus public) (motor, walking, cycling). And Percentage of each mode trip per total trips. The larger percentage depending on public transportation and walkability will be more sustainable.

The variable "Sustainable Trip Distance Measure": Questions regarding average travel distance per week for different uses including work, shop, school, college, health facilities, restaurant, garden, the smaller distance will be more sustainable.

The variable "Sustainable Trip Frequency Measure": Question regarding no. of trips per week using each mode choice trips, the lower frequent trips by cars will be more sustainable; in addition the high frequent trips by public transportation and cycling, and walkability will be more sustainable.

A five points Likert scale (1 to 5) were used to compute each indicator score from the household survey and the average scores have been converted into percentage scale. These dependent variables were measured as described in the following paragraphs:

Movement Behaviour Assessment Factors	NH1	NH2	NH3	NH4	NH5	NH6	
Car Ownership	0-1	0-1	1	2	2-3	3-4	
Public Transportation	80%	80%	60%	40%	20%	10%	
Parking Area	20%	20%	40%	60%	80%	80%	
Mode Choices	Private car	20%	20%	30%	40%	60%	80%
	Public transportation	40%	40%	40%	30%	20%	10%
	Walkability	40%	40%	30%	30%	20%	10%
Sustainable mode choice index	80%	80%	70%	60%	40%	20%	
Trip Frequency	Private car	10%	10%	30	50	70	80%
	Public transportation	20%	20%	30	30	20	10%
	Walkability	70%	70%	40	20	10%	10%
Sustainable low Trip frequency index	80%	80%	70%	50%	30%	20%	
Trip Distance	Private car	20%	20%	30	50	70	80%
	Public transportation	20%	20%	20	30	20	10%
	Walkability	60%	60%	40	20	10%	10%
Sustainable low trip distance index	80%	80%	60%	60%	30%	20%	
Sum Percentage	80%	80%	65%	60%	35%	20%	

Table 2: Measured Neighborhood Urban Mobility in term of Behaviour (in percentage).

#### 4.4.2 Measurements of urban mobility in Term of Satisfaction:

Satisfaction is measured using 5 Likert scale is to measure resident's attitude and preferences of their neighbourhood. Questions first explore resident's socio-economic characteristics then it investigates their satisfaction to movement including: Functional aspects (parking space, crowding, delay, travel accessibility; services accessibility), Social aspects (safety, attractiveness, interaction) Environmental aspects (air pollution, noise pollution, resource consumption and traffic cognition), Economic aspects (commuting cost, maintenance).

Movement Satisfaction Assessment factors	NH1	NH2	NH3	NH4	NH5	NH6	
Functional	Accessibility	80	80	60	50	30	20
	Walkability	80	80	60	40	20	10
	Delay	20	20	30	50	40	20
	Crowdness	70	70	50	30	20	30
	Parking requirements	10	10	20	50	40	30
Social	Safety	30	30	40	50	40	30
	Attractiveness	20	20	30	40	60	70
	Interaction	70	70	50	30	20	10
Environmental	Air pollution	70	70	50	30	20	10
	Noise pollution	70	70	50	30	20	10
	Resource consumption	20	20	30	40	60	70
	Traffic Cognition	70	70	50	30	20	30
Economic	Commuting Cost	20	20	30	40	60	70
	Maintenance Cost	20	20	30	40	60	70
Sum Percentage							

Table (3): Measured Neighborhood Urban mobility in term of resident's satisfaction (in percentage).

## 5 CONCLUSION AND DISCUSSION

This part aims to discuss two interlocking issues, the first regarding the relation between neighbourhood model and urban mobility in term of behaviour including mode choices, travel distance, travel frequency, trip lengths to different destinations and to define how it varies across the neighbourhood categories. The second regarding the relation between urban characteristics and urban mobility in term of behaviour and satisfaction.

### 5.1 Sustainability Mobility Measure in Term of Behaviour

#### 5.1.1 Mode Choices:

Figure (3) compares different mode choices in the six case studies, it illustrates that traditional one recorded mostly non-motorized, and public modes and reduce reliance on private cars, this in comparison to modern neighbourhoods, that recorded private car dependency and reject public transportation. High walkability is noted in traditional neighbourhoods where high mixed use and high density. People don't prefer to walk in contemporary neighbourhood due to great long distance trips. Public transportation does not depend on neighbourhood type. car trips are noted in modern car oriented neighbourhoods.

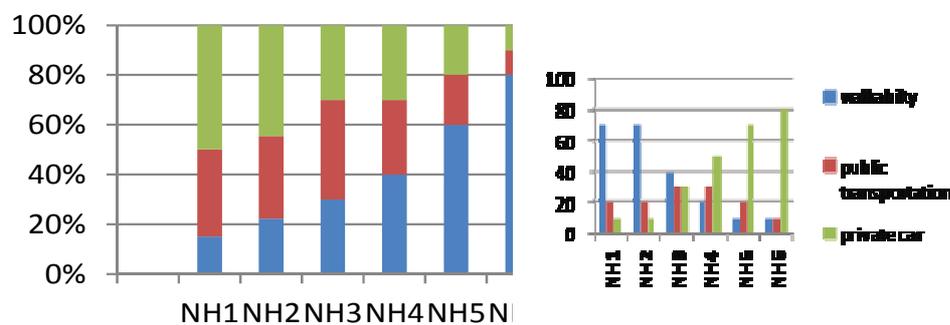


Figure 3: Mode Choices in Percentage. Figure 4: Trip Frequency (in percentage)

#### Private Car:

In traditional neighbourhoods, residents depend on public transportation due to their low cost, accessibility to their home; they will not take time, effort to get home from bus station, on the other hand other residents found it dirty, not comfortable, noisy, and crowded. On the other hand, modern neighbourhood, public transportation revealed that it does not fit to their needs, it is not flexible for their daily trips, they refuse to cut very long distance and consume time and effort from bus station to get their destination in long distance, unsafe and environmentally uncomfortable context; they found private car would be more flexible for them.

#### Public transportation:

Traditional neighbourhoods, associated with high dependency on public transportation due to their low cost, accessibility to their home; they will not take time or effort to get home from bus station. But some consider it as not welcomed due to it is dirty, uncomfortable, noisy, and crowded. On the other hand, modern neighbourhood associated with low dependency on public transportation, it does not fit to their needs, it is not flexible, they will cut very long distance and consume time and effort from bus station to get their destination due to long distance and unsafe and environmentally uncomfortable context. Private car would be more flexible and save for them.

#### Walkability:

Traditional neighbourhoods associated with public transportation and walkability. This is due to the short distance trips in livable, safe and attractive streets residents need to walk in areas where residential parking is limited to retain their parking space. Residents seek to reduce the number of journeys and hence the number of times they have to search for a parking space on their return home. On the contrary, modern neighbourhoods associated with low walkability, due to the long distance trips and unsafe and unattractive streets make them depend mainly on private automobile alternative.

It is noted that traditional urban form makes using motorized modes more difficult compared to non-motorized modes such as walking and cycling that are easier in traditional communities on the other hand

modern urban form tends to increase private motor vehicle use because it can provides travel options of a range of household activities.

5.1.2 Trip frequency:

Figure (4) Traditional neighbourhoods associated with high pedestrian frequent trips. Due to the short distance trips with safety. On the other hand it is associated low car frequent trips and hence the number of times they have to search for a parking space on their return home. Difficulties in finding a parking space may not necessarily deter car ownership or intentions to acquire additional vehicles even with increasing parking problems. On the contrary, modern neighbourhoods are associated with low frequent private car trips; residents try to avoid long trips with great effort and cost.

5.1.3 Trip distance:

Figure (5) Modern neighbourhoods are associated with high travel distances, residents are forced to cut long distance due to the low densities and small community sizes that lake to provide residents with suffeçant range of services and facilities, accordingly impacts residents's travel needs they are forced to cut longer distances to have required facilities and services.

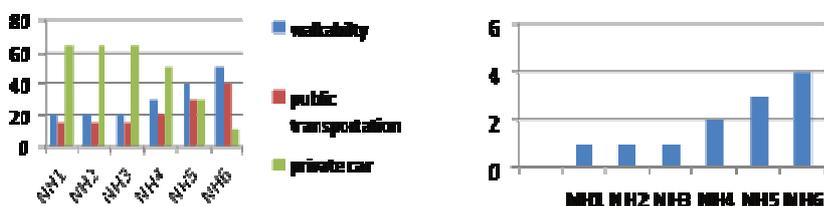


Figure 5: Trip Distance (in percentage). Figure 6 : Car Ownership (in percentage)

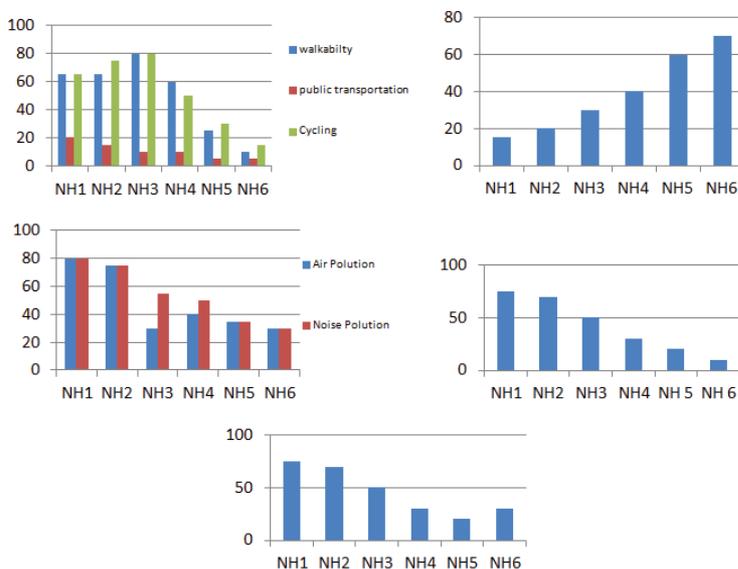


Figure 7: Modes Attractiveness (in percentage). Figure 8: Travel Cost (in percentage). Figure 9 : Environment Polution (in percentage). Figure 10: Social Interaction (in percentage). Figure 11: Traffic Cognition (in percentage)

It is noted that traditional urban form reduces trip frequency and trip distance for private cars compared to trip distance and frequency done by walking and cycling that are higher in traditional communities. On the other hand, modern urban form tends to increase trip distance using private car public transportation, and walkability; on the same time, it noted to reduce travel frequency for using private car public transportation, and walkability because it reduce residents willing to move due to the long distance trips that are associated with cost and time, it may impact social engagement and interaction, and impacts residents health.

#### 5.1.4 Private Car Ownership:

Figure (6) Modern neighbourhood associated with high rates of car ownership ranges between two to three car lot per family, compared to traditional cities that revealed lower value of car ownership. Residents found their car very essential for living, As stated by one of the residents. Accordingly they require large no. of parking lots, accordingly cause low efficiency in meeting residents huge demand of car parking.

### 5.2 Sustainability Mobility Measure in Term of Satisfaction

perception measurement in reference to different parameters, socially ( Safety, Attractiveness, Social interaction, Accessibility, crowding, delay). Environmentally (Air pollution, noise pollution, resource consumption and traffic cognition), Economic (commuting cost, maintenance cost,...).

#### 5.2.1 Attractiveness of mode choices:

Figure (7) all neighbourhoods are recorded lower attractiveness for public transportation. Resident's starts to think twice to move to public transportation options. They only need to have good quality public transportation, to effectively discourage use of private cars and encouraged to public transportation. On the other hand walkability and cycling recorded lower attractiveness in modern neighbourhoods, residents found neighbourhoods unsafe for walkability. On the other hand it records high values in Masr El-Gdida and Nasr City.

#### 5.2.2 Travel Cost:

Figure (8) Modern neighbourhood is associated with high commute cost due to long distance that discourage walkability and increase dependency on private car with high frequent trips that consume more travel time, effort, and fuel consumption cost to reach services in addition to cost of car maintenance. Traditional neighbourhoods are associated with lower commuting cost, service in proximity to residents, they can walk, use public transportation, to get services. They do not have to use private car for every trip .

#### 5.2.3 Environmental Pollution:

Figure (9) Modern neighbourhood is associated with lower noise and air pollution, due to low traffic density caused by low frequent trips with large green areas. On the contrary traditional neighbourhood associated with high noise and air pollution due to the high traffic density caused by high frequent trips and high traffic jams, with minimum green area.

#### 5.2.4 Social Interaction:

Figure (10) Modern neighbourhood is associated with lower social interaction, due to the long distances and low frequent trips using all travel modes, residents are not willing to move, to avoid travel cost, effort and waste time. They become unsocialized to meet their friend and neighbours. On the other hand traditional neighbourhood associated high social interaction.

#### 5.2.5 Traffic Cognition:

Figure (11) Traditional neighbourhood is associated with high traffic cognition, it also associated with low parking requirements. Also traditional neighbourhood associated with high traffic cognition at main streets and high traffic cognition at peak hours greater than traffic cognition that take place in old traditional neighbourhoods.

Traditional communities with high density and mixed housing types were livable communities encourage walking and biking. Communities where the users find all services especially daily one with walkable distance where more secure, livable and attractive to residents to make all travel to be more depending on alternative transportation options, public transport, walkability, and biking; and discourage private cars.

On the contrary, modern neighbourhood isolate its residents away from everything, to go anywhere one must leave the community and go on arterial road its boundaries just a wall, which pedestrian walks are long, inconvenient and unsafe, so residents should have their cars for any daily needs increasing car dependency, and generate traffic cognition in the outer city that should increase noise and air pollution and accordingly reduce sustainability. All these characteristics affected the movement behaviour that become less depending on alternative transportation options, public transport, walkability, and biking; versus encouraging private cars dependency.

In modern neighbourhood, Walking or biking has become a main problem, daily needs are out of walking distance, to walk from a point to another it takes longer paths which consumes more distance and time. Even all passes turned into arterial roads its boundaries don't have any use, only some fences which increase street. It is unsafe, unpleasant environment, and just walls. It encourages criminality and reduces sense of safety. In addition, there are no motivations inside these streets to encourage walkability, so its residents depend mainly on private car as a primary mode of transportation.

Public transportation has become an impractical movement solution. Public transportation needs a connected permeable street network, and needs accessibility to bus stops, which is not acceptable, hence public transportation is not a practical transportation option. Private car has become the available way for movement inside the city. The impracticality of alternative transportation options makes the private car the only available choice for residents. No walking, biking or public or any alternative transportation options. Only private car. To go anywhere one must leave and get out the gate and go on collector roads its boundaries become just a wall, where pedestrian walks, cycling are long, inconvenient and unsafe, and where public transportation, inconvenient, is invisible.

Therefore, residents should depend on their private cars for all daily life needs, increasing car dependency. Even they use inside or outside the community in the city streets or even on the regional roads that are connecting the city with Cairo. The approval for road closures in many cases depends on the nature of the roads, as well as the road layout. The closure of major through routes is not allowed. Bearing this in mind, it is usually neighborhoods designed on a closed road network system that are likely to be granted approval, since these have a limited number of traffic intersections (therefore less roads to close). Which affect pattern of movement (Landman, 2002:9).

Traffic congestion has existed on city scale and regional roads that connect new towns to Cairo; it was a result of two reasons. The first is due to restricting public transportation and centering movement on private cars, which makes traffic volume increase especially in the major arterial roads networks. The second, as more residential roads are withdrawn from public use, the cars movement in the city are restricted and diverted to alternative adjacent roads, which are subjected to increased traffic volumes, that they are not originally designed for. This could affect the functional efficiency of local, regional street networks. Commuting cost was a result of two factors, the first due to increased car dependency and the other due to longer distances and increased travel time journeys that required to go anywhere. This could increase commuting time and fuel cost for residents, visitors and other road users.

## 6 THE RELATION BETWEEN URBAN FORM AND SUSTAINABLE MOBILITY:

Deducing the correlation between urban form patterns in one hand and sustainable mobility represented in movement behaviour and movement satisfaction in the other hand.

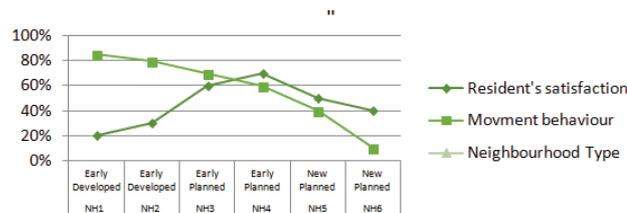


Figure (12): the relation between urban mobility on sustainability and satisfaction level.

Moving between different neighbourhood models, starting from traditional to modern one, reveals a negative relation between movement behaviour level and movement satisfaction level. It is clear that traditional neighbourhoods record high value of sustainable mobility on behaviour level, and lower level on satisfaction level. On the contrary, modern neighbourhoods record lower sustainable mobility value in behaviour level and record medium value on satisfaction level. A moderate neighbourhood type will achieve optimum sustainable mobility in terms of both behaviour and satisfaction level.

### 6.1 The relation between Crime Prevention measure and Density pattern:

Figure (13) reveals that sustainable movement behaviour is achieved with moving from low density to high density community. This can be explained because increasing density causes a relevant increase in community size accordingly widens the range of opportunities, contacts, activities and services that can be

supported in neighbourhood, and reduce average distances between homes and services. Accordingly reduce the need for long distances trips, frequency and concern public and walkability and increase sustainable urban mobility. Density is inversely proportional with trip distance, private car ownership, commuting cost. Increasing density reduces trip distance and trip frequency by car and increase trip frequency by walkability, and reducing density increase trip distance.

On the other hand both high and low density community is associated with low satisfaction level, the first cause high traffic, crowding, delay, cognition, air and noise pollution and unattractiveness for public transportation and the second records high commuting cost and traffic cognition on arterial roads.

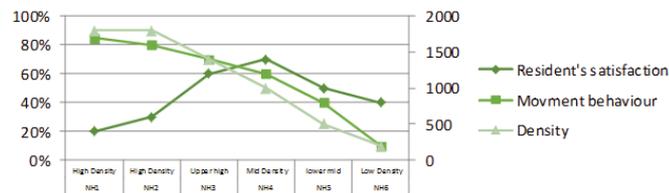


Figure 13: Relation between density and movement behaviour.

## 6.2 The relation between movement behaviour measure and street network pattern:

Figure (14) reveals that sustainable movement behaviour increases with moving from hierarchical network to grid network. This can be explained because increasing access points and intersections density create fine grain spatial fabric that provide greater connectivity, permeability and accessibility connectivity and promotes short and direct routes that offers shorter trips and reduces travel distance, It provide different pass alternatives and chances. It highly encourages public transportation as it allows more direct access to public transport. It can be more transit friendly to the extent that they may allow greater penetration of an area by transit services. It is recorded to enhance walkability, and increase trips frequency by foot and reduce trip frequency by private cars especially with low parking area, accordingly increase sustainable urban mobility.

On the other hand, both extremely grid and hierarchical street pattern is associated with low satisfaction level, the first increases the flow of private car and accordingly reduce safety and security of nodes and increase accidents, through traffic, and traffic jams and the second records high commuting cost due to the complete dependency on private cars and lack of any other alternative.



Figure 14: Relation between street network pattern and movement behaviour.

## 6.3 The relation between movement behaviour measure and land use pattern:

Figure (15) reveals that sustainable movement behaviour increases with moving from separate to mixed land use. This can be explored because it could cause a separation between residents and services, accordingly impacts their travel demand. Mixed use make neighbourhood more secure, livable and attractive for residents to use all mode choices walkability and cycling than private cars. In addition it recorded low average trip distance by cars, with low trip frequency. On the other hand, it recorded less energy intensive namely walking and cycling. It impacts its trip frequency and does not affect trip distances. Accordingly increase sustainable urban mobility. On the other hand, urban mobility in terms of satisfaction records lower values in both extremely mixed and extremely separate use, the first cause high traffic cognition, crowding, and does not provide sufficient parking areas, at the same time streets are full of strangers that make it unsafe for walkability and crowded, noisy, and recorded high cognition. The second cause reduces the existence of unknown persons and avoid sharing parking of residential area with non-residential users.

## 6.4 The relation between urban mobility and housing-income pattern:

Figure (16) reveals that moving from separate housing income to mixed housing income increase sustainable movement behaviour. This can be explored because it causes diversity of transportation options that meet

different levels. Taken in mind the basic fact that, different mixed housing types generate different kinds and amounts of mobility standards. On the other hand lack of diversity reduces transportation standards, and reduces the diversity and choices of allowed transportation options. Accordingly reduce sustainable urban mobility. On the contrary, urban mobility in term of satisfaction revealed lower values in both extremely mixed income and extremely separate income. Both reduce the possibility of alternative travel choices to meet different income levels.

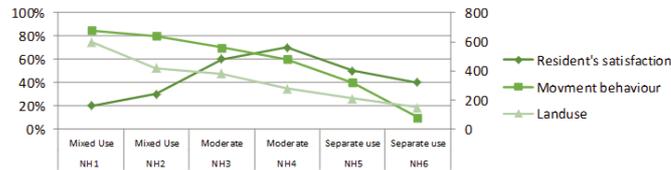


Figure 15: Relation between landuse pattern and movement behaviour.

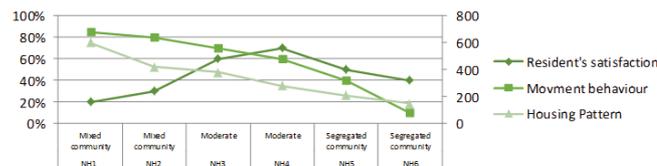


Figure 16: Relation between landuse pattern and movement behaviour.

## 7 CONCLUSION AND RECOMMENDATIONS:

This research suggest that the way we design our neighborhoods affects our movement behaviour and thus affects achieving sustainability. This study gives evidence of the relation between travel behaviour and different urban forms to try and identify the current drivers of travel behaviour. It is hoped that this provides an understanding how to make future developments be more sustainable and be more low carbon-based in their transport activities. The results indicates three conclusions:

The first indicate that residents movement behaviour does not coincide with their movement satisfaction.

The second that traditional neighbourhoods recorded lower value in car ownership, trip distances, trip frequency by car, Its modal choice based on public transportation and walkability, high trip frequency by pedestrian, lower trip frequency by private car. Accordingly lower travel expenses. It recorded highest sustainability with lower satisfaction level for movement behaviour.

The third that Modern neighbourhoods recorded high value of car ownership, modal choices by private car, with minimum share, high trip frequency, and distances by cars, lower public transportation and private car dependency. Accordingly, It causes high travel cost and consumption of resources. It recorded lower sustainability with high satisfaction level.

The fourth that moderate neighbourhoods like masr El-Gdida and nasr city, recorded moderate sustainability with moderate satisfaction level. The research found that traditional neighbourhood are sustainable in term of movement behaviour that depend on short trips, mode choices that encourage walkability and discourage private car, and low private car frequent trips. On the other hand they are not preferred in satisfaction level due to the high traffic cognition, noise and pollution, and delay. on the contrary modern neighbourhood proved to be unsustainable in term of movement behaviour it consume more trip distance and more time and cost to get services, with complete dependency on private car; but they are unpreferred in satisfaction level for residents due to different externalities, such as traffic cognition, high pollution.

Accordingly planners and urban designers are recommends to take in their consideration the impacts of physical characteristics on movement behaviour and movement satisfaction.

(1) Good design should in one hand facilitate public modes and walkability to increase sustainability on the other hand should give resident's participation a great role in urban design, to found what is suitable for their movement satisfaction.

(2) Both high and low density could reduce sustainability. The first increase community size to an extent that facilitate sustainable mobility at behaviour level but reduces community sustainable mobility at perception level it increase crowding, delay, cognition, air and noise pollution. And the second reduce community size to an extent that reduce sustainable mobility by restricting travel modes to private motorized and increase trip

distance. A moderate community density and size values proved to be efficient to enhance movement behaviour and satisfaction.

(3) Both high mixed and high separate use community reduce sustainability. The first in one hand increases travel behaviour with reducing travel distance, private modes, and reduce trip frequencies by private car. On the other hand it reduces movement satisfaction, residents do not find sufficient parking areas, at the same time streets are full of strangers that make it unsafe for walkability and crowded, noisy, and recorded high cognition. The second in one hand reduces sustainable movement behaviour by increasing travel demand and increase private mode and trip distance; on the other hand, it increases satisfaction level by reducing the existence of unknown persons and avoid sharing parking of residential area with non-residential users. A moderate community land use mix could be sustainable on movement behaviour and satisfaction level.

(4) Both high income and low income residents could reduce travel behaviour and satisfaction. The first reduces diversity of transportation options that meet different income levels. The second enables residents to interact with different social groups and encourage sense of trust and sense of connection between them. A moderate mix is recommended.

(5) Both grid and hierarchical street network pattern could achieve sustainable mobility. The first increases permeability, connectivity and accessibility that makes better behaviour of reducing trip distance, trip frequency by private car, and orient mode choices to discourage private car and encourage walkability; on the other hand it reduces resident movement satisfaction by increasing flow of private car and accordingly reduce safety and increase traffic cognition. The second reduces permeability and increase trip distances that make residents seek private solution and discourage walkability on the other hand residents are satisfied with low carbon emission. A moderate value is recommended.

A further research with more case studies needs to be carried out to obtain clear conclusions of the relationship between movement behaviour and satisfaction and neighborhood patterns.

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